Daily Schedule & Activity Choices

9:30 am Coffee and Conversation 10:15 am Morning Greeting 10:30 am **Morning Exercise** 11:00 am **Morning Programs** 12:00 pm Lunch 12:45 pm Music or Trivia 1:30 pm **Afternoon Programs** 2:30 pm **Afternoon Refreshments** 2:45 pm The Afternoon Stretch 3:00 pm **The Good News** 3:15 pm **Late Program** 3:30 pm Departure/Pick-up



952-935-8143 34 10th Ave S | Hopkins MN 55343

	January 2024				
	Monday	Tuesday	Wednesday	Thursday	Friday
	Happy New year	2	3	4	5
		Caren's Bible Study Classical Music	Deb's Life Stories Ice Fishing	Chaplain Erik Art w Juliann Pt. 2	Best of Birdwatching Card Game
		Believe it or Not Mindfulness	Giant Marbles Hymn Sing	Big Dice Yam Slam Music of Thomas Sticha	What Would You Do? Bean Bag Baseball
	8	9	10	11	12
	The Life of Elvis Chutes and Ladders	Behind the Music Fruits of the Spirit	To Your Health Greedy Dice	Comedy Hour Paper Airplane Project	Tea Social Work Life Memories
	Rock N' Roll JINGO Debate Club	Poetry Club WYR Soccer	Crossword Craze Penny Toss	Group Dance Table Games	Tea Dyeing Deep Discussions
٠	15	16	17	18	19
	Martin Luther King Jr. Beading Club	Minnesota Bound Penny Ante	Sonny and Cher Reminisce Dice	Life Photos Trivia Team-Up	Family Feud Tournament Origami Art
	Universal Hymns Active Games	OC Gazette Polar Plunge	Writer's Circle BINGO	Lights, Camera, Action Snowball Fight	Pen Pals Musical Chairs
	22	23	24	25	26
	Travel with Jane Culinary Expressions	Culinary Expressions: Pie Curling Club	Support our Troops Famous Duos	Chaplain Erik Life of a Cowboy	Amazing Animals of Australia / Print Makers
	Puzzle Races Bocce Ball	Shake Loose A Memory Choir Practice	Shufflebags Word Scramble	You be the Judge Disc Golf	Short Stories Club BINGO
3	29 Great Americans: FDR Come to Your Senses Action BINGO	30 Travel w Steph Culinary Expressions Debate Club	31 Virtual Museum Birthday Board	COMMUNITY LIFE AMERICAN SWEDISH INSTITUTE OUTING	Celebrating Years!
	You be the Judge	Choir Practice	Password Soccer Bowling		3 {